

Learning to Walk in Honor: Your True Identity with Dale Mast

<https://www.youtube.com/watch?v=XieOW27QC18>

Honor, Identity, and Destiny: Becoming Who the Father Created Us to Be

Dale Mast is a Christian author, prophetic minister, and former pastor with approximately 40 years of pastoral experience. His teachings emphasize discovering our God-given identity, cultivating honor, and fulfilling our Kingdom purpose.

1. Honor Opens the Door to Kingdom Expression

Mark 6:1–6 — Jesus encountered dishonor and unbelief in His hometown, where relatively few miracles occurred. Honor creates an atmosphere of receptivity to God's work; dishonor and unbelief can hinder our participation.

- Honor recognizes God's image, value, and gifts in others.
- Dishonor diminishes identity and can reinforce limiting beliefs.
- Worship belongs to God; honor is also extended to people.
- Rather than waiting to be honored, we initiate honor toward others.

Scripture: Romans 12:10; 1 Peter 2:17; Genesis 1:26–27; Matthew 10:40–41.

Biblical qualification: Mark 6 connects the limited miracles with unbelief, not a universal principle that dishonor makes miracles impossible.

2. Sow Honor and Receive It Without False Humility

Galatians 6:7–9 — We reap what we sow. Genuine honor recognizes what God has placed in others without exaggeration or manipulation.

Genuine honor	Distorted thinking
Affirms authentic gifts	Flatters to gain approval
Celebrates others	Competes and compares
Receives encouragement gratefully	Rejects compliments as undeserved
Gives God glory for His workmanship	Denies personal worth or claims all the credit

Saying "I'm nothing" may appear humble but can diminish appreciation for God's workmanship. We can acknowledge our gifts without pride because we recognize their source.

Scripture: James 1:17; Ephesians 2:10; 1 Corinthians 4:7; Philippians 2:3–4.

3. Breaking Judgments Against Our Identity

Dale recalls being publicly humiliated by a teacher and compared unfavorably with his sister. Although he later excelled academically, the painful memory reinforced a belief that he was inadequate. This judgment followed him into adulthood, limiting his confidence as a teacher and author.

A painful experience may be real, but the conclusion we draw about our identity may be false.

Painful experience → Negative interpretation → Limiting belief → Restricted expression

Recognize the lie → Receive God's truth → Renew the mind → Express our identity

Scripture: Romans 12:2; 2 Corinthians 10:5; John 8:32; Ephesians 4:22–24; Psalm 139:13–18.

4. Discovering Our Identity in the Father's Face

Our true identity is not found in comparison, performance, appearance, or the approval of others. It emerges through relationship with the Father and recognition of our union with Christ.

- We were not created to duplicate another person's gifts.
- Our value precedes our accomplishments.
- Our uniqueness reflects God's intentional workmanship.
- Beholding Him transforms how we see ourselves and others.

Scripture: 1 John 3:1–2; 2 Corinthians 3:18; Colossians 3:3–4; Romans 8:14–17; John 14:20.

Kingdom principle: Transformation is not merely self-improvement but increasingly recognizing and expressing Christ's life within us.

5. You Are a Gift, Not Merely Someone With Gifts

The Father has created us to participate in His love toward others. Our gifts are expressions of His life, but our identity and worth are greater than our abilities.

Approval-centered identity	Kingdom-centered identity
How do others see me?	How does the Father see me?
Am I talented enough?	What has God entrusted to me?
Will others accept me?	How can I love and serve others?
I must prove my worth	My worth is grounded in His love
My weaknesses disqualify me	God works through my limitations

Recognizing ourselves as gifts produces humility and service when our focus is blessing others rather than elevating ourselves. Scripture: 1 Corinthians 12:4–7; 1 Peter 4:10; Romans 12:4–8; Ephesians 4:15–16.

6. Soul Healing: Facing Pain With the Father

Salvation begins an ongoing journey of renewing the mind and healing the soul. Emotional pain can expose beliefs formed through rejection, comparison, shame, or disappointment.

A practical approach:

1. Recognize: Notice painful feelings rather than immediately suppressing them.
2. Identify: What belief about myself is connected to this pain?
3. Invite: Bring the memory and belief into conscious fellowship with the Father.
4. Discern: Separate what happened from the false identity judgment attached to it.
5. Renew: Receive God's truth and respond from that understanding.

For example, experiencing rejection does not establish that we are unwanted or unworthy.

Scripture: Psalm 139:23–24; Psalm 147:3; Matthew 6:6; Hebrews 4:15–16; 1 Peter 5:7.

Pain does not always indicate a hidden lie or spiritual failure. Healing may also require time, supportive relationships, healthy boundaries, or professional care.

7. Trials, Perseverance, and Spiritual Maturity

Dale describes a painful romantic disappointment that challenged his tendency to escape difficult circumstances. Learning to remain grounded through disappointment became preparation for later challenges.

- Trials may reveal beliefs and reactions requiring attention.
- Perseverance develops endurance, wisdom, and character.
- Spiritual maturity does not eliminate difficulties; it changes how we respond.
- Growth comes through partnership with God, not independent striving.

Scripture: James 1:2–4; Romans 5:3–5; Hebrews 12:1–2; Philippians 3:12–14; 2 Corinthians 1:3–4.

Qualification: Not every painful experience is arranged by God. Perseverance does not require remaining in abusive or destructive situations.

8. Our Breakthrough Becomes Encouragement for Others

2 Corinthians 1:3–4 — The comfort we receive from God equips us to comfort others.

Our healing and maturity extend beyond personal benefit. Experiences once associated with shame or limitation can become sources of compassion, wisdom, and encouragement.

- Overcoming fear can strengthen another person's courage.
- Receiving healing can increase our compassion.
- Discovering identity frees us from constantly seeking approval.
- Living in honor helps others recognize their own God-given worth.

Scripture: Revelation 12:11; Hebrews 10:23–25; Matthew 5:14–16; John 15:4–5.

9. From Dishonor to Kingdom Maturity

Old identity patterns	Renewed Kingdom understanding
My failures define me	My identity is rooted in Christ
I must become someone else	I can become who God created me to be
My gifts are insignificant	My gifts can bless others
I must earn acceptance	I am loved before I perform
Pain means I am defective	Pain may invite care and healing
Criticism determines my value	God's truth establishes my identity
My struggles disqualify me	My experiences can develop compassion
I need constant validation	I can live from the Father's affirmation

10. Biblical Discernment

The central teaching aligns with biblical principles of honor, identity, perseverance, and renewal. Several claims, however, require qualification:

- Miracles: Mark 6 does not establish that dishonor automatically prevents miracles.
- Spiritual opposition: Not every criticism or rejection is a demonic attack (Ephesians 6:10–18).
- Trials: God can redeem adversity without necessarily causing every painful experience (Romans 8:28).
- Perseverance: Leaving harmful circumstances is not necessarily failure or loss of anointing.
- Identity: Appreciating God's workmanship does not prevent healthy change and personal growth.

Final Reflection

We are not meant to live imprisoned by judgments, comparisons, and disappointments from our past. As we recognize the Father's love, renew our minds, and embrace our identity in Christ, we become increasingly free to express His life toward others. The goal is not simply to feel better about ourselves. It is to become increasingly free to express the life of Christ within us.